



The Shooting Star

SIERRA FOOTHILLS CHAPTER

CALIFORNIA NATIVE PLANT SOCIETY

MARCH 2018

March Meeting and Program

Medicinal Native Plants

Laureen Campana & Dodie Harte

Thursday, March 1st, 6:00 p.m.

Tuolumne County Library

480 Greenley Rd., Sonora

- Local herbalists Laureen Campana and Dodie Harte talk about medicinal native plants of our region. Included will be plant identification, responsible wild crafting and preparation methods for using the plants as medicine.
- Dodie Harte is a long time educator and herbalist. She is the past owner of Havasu Hills Herb Farm and Sierra Institute of Herbal Studies.
- Laureen Campana is a Nurse Practitioner, herbalist, graduate of the Sierra Institute of Herbal Studies Basic and Advanced Intensives. She also recently completed the two year Fellowship of Integrative Medicine from the University of Arizona Center for Integrative Medicine.

Field Trips

The beautiful weather in January and early February made us eager to get the field trip season underway. Our annual field trip committee met on February 3rd and put together an ambitious schedule. Some details are still being worked out so the full schedule will be circulated with the April Shooting Star. In the meantime, we have two trips to offer you to get into the swing of things. (NOTE: Field Trip info. cont'd. on page 2.)

February 24 - Red Hills

Leader: Doug Krajnovich. Hiking Level: Moderate (mainly due to distance). Red Hills wildflowers peak in April, but the show starts much earlier. Tentative plan is to follow the Railroad Grade trail from main parking lot to the Nature Trail (~4 miles of walking with ups-and-downs but no net elevation gain). We should see roughly ten early species, including the earliest of all: Chaparral Currant (*Ribes malvaceum* var. *malvaceum*). I won't cancel for light rain, but signup recommended, just in case. **Meet at 9:00 a.m.** at the main parking lot w/ signboard and outhouse on Red Hills Road. From LaGrange Rd., turn east onto Red Hills Rd. and drive ½ mile. From intersection of Highways 120 and 49 at Chinese Camp, take Red Hills Rd. west about 3½ miles. For more info contact Doug, djkran@comcast.net, 209-580-4595 (e-mail preferred).

March 25 – Bagby Serpentine

Leaders: Barry and Judy Breckling. Hiking Level: Easy. The belt of serpentine that snakes along Highway 49 from Coulterville south to Bagby can have spectacular flower displays in early spring. Last year's Detwiler Fire burned almost 83,000 acres in the area. Spring blooms following fires can also be spectacular and can include interesting fire-following plants that do not typically grow in an area. Signups aren't required but notification that you plan to attend would be appreciated. **We'll meet at 9:30 a.m.** in Coulterville along Highway 49 in front of the park on the north side of the Jefferson Hotel. For more info contact Barry and Judy, 209-878-3041 or breckling@garlic.com.

If you change your mailing or e-mail address, be sure to send a note to Jennie Haas. This will keep your newsletter on time!

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*Dedicated to the Preservation of
California Native Flora.*

FIELD TRIP INFORMATION (cont'd from Page 1):

For all field trips: bring lunch, water, sunscreen and appropriate clothing and footwear. Hiking level varies with each trip. Your trip will be enhanced by bringing field guides and magnifying lenses, although these are optional. Carpooling is encouraged. Call ahead if the weather looks iffy. Check http://www.twitter.com/SIE_CNPS for updates. Our field trips are open to everyone. Bring a friend or two. It is Chapter policy that pets are not allowed on our field trips. We appreciate everyone's adherence to this policy.

Sign up for our field trip alerts e-mails. Send an e-mail with the subject line "Field Trip e-mail List" to Jennie at jhaas953@gmail.com. We'll use this mailing list and Twitter to provide timely information of field trip changes and those impromptu "emergency field trips."

Volunteers Still Needed to Fill Chapter Vacancies

Great news! Member Doug Krajnovich has volunteered to be the Chapter Newsletter Editor, taking over production of the Shooting Star newsletter starting with this March issue. Welcome aboard Doug!

We still have several positions that need to be filled for our chapter to function at optimum efficiency. They are:

- Chapter President
- Vice President Amador County
- Program Committee Chair
- Publicity Coordinator
- Hospitality Coordinator (this is a task-oriented position but not a voting member of the Chapter Board)

To volunteer or for more information about the positions or a copy of the by-laws contact Jennie Haas, 209-962-4759, jhaas953@gmail.com.

Spring Plant Sale Unlikely this Year

We were looking forward to holding a spring plant sale in San Andreas again this year but things have come up demanding the attention to personal matters for Bob and Judy Dean. They are still cleaning up their property more than 2 years after the Butte Fire. Sometimes the timing of things can be inconvenient. They will be overseeing the work of contractors for the next month or two, taking them away from planning the plant sale.

If someone would like to come forward to take on the planning and carrying out of the sale, Bob and Judy would be happy to provide guidance and tips. Give them a call for more info at 209-754-5887.

June Chapter Council Meeting Location Chosen

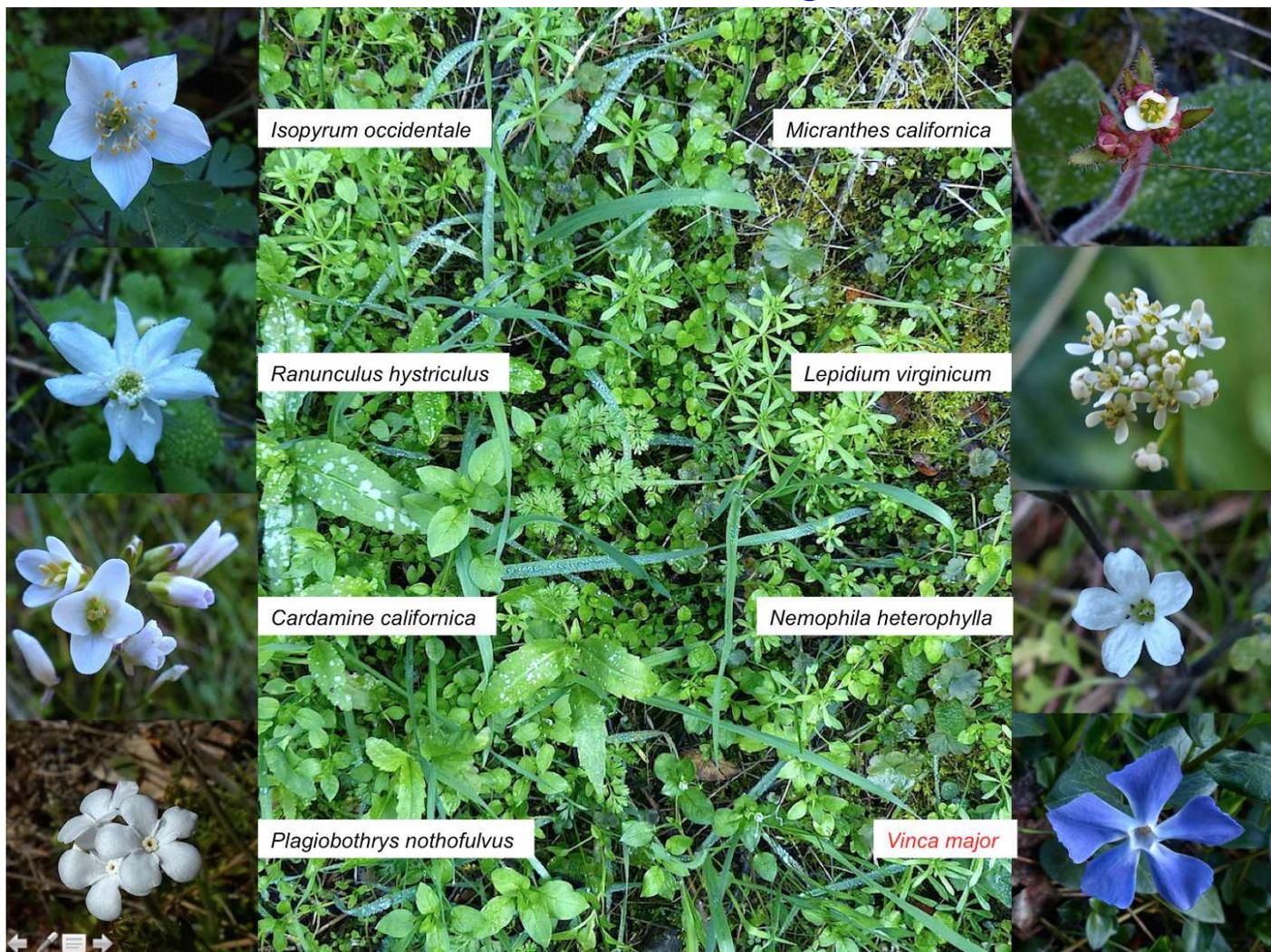
The CNPS Chapter Council representatives working with our Chapter planning committee have selected Groveland and the Groveland Community Hall as their meeting venue. Several venues in Tuolumne County and Calaveras Big Trees' Jack Knight Hall were considered. Jack Knight Hall is closed for renovations for a year and there were various challenges with the other venues in Tuolumne County that didn't work for the Chapter Council. The Groveland venue offers a nice facility for the meetings and meals and numerous lodging options. More details will be shared in the April Shooting Star.

Note from the new editor: Since Quinn moved out of our area, I volunteered to edit the Shooting Star. Since I joined in 2013, all of the newsletters were prepared by Quinn. I am using Powerpoint to prepare the newsletter on my Mac, so it may look a little amateurish compared to what you are used to seeing from Quinn. I ask your patience while I come up to speed.

On months where there is extra space in our 4-page newsletter, I would like to have a section entitled *What's Blooming?* – where members can share recent sightings of interesting native plants – just a sentence or two will do, with an optional photo or two. Many Audubon sections include member bird sightings in their newsletters, so I thought we could do the same. Sightings should be limited to native plants that appear in Calflora.

- Doug Krajnovich djcran@comcast.net

What's Blooming?



Some of the wildflowers seen at Hite Cove on February 6, 2018, superimposed on a photo of a promising patch of shoots. The first two in left column are traditional “early bloomers” at Hite Cove. Both were already at peak bloom on Feb. 6. The others were just getting started. *Vinca major* is a flower that we would rather not see – it is non-native and invasive. (Photos by Doug Krajnovich.)

CNPS Sierra Foothills Chapter
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RETURN SERVICE REQUESTED

Chapter Officers and Chairpersons (All phone #'s are 209 area code unless otherwise specified.)				JOIN NOW
PRESIDENT	OPEN			<p>PLEASE INCLUDE ME AS A CNPS MEMBER!</p> <p>Student/Retired/Limited income ...\$25 Individual \$45 Family or Group \$75 Library..... \$75 Plant Lover \$100 Patron.....\$300 Benefactor \$600 Mariposa Lily..... \$1,500</p> <p>As always, donations above the membership level chosen will be greatly appreciated.</p> <p>Name_____</p> <p>Address_____</p> <p>City_____ State_____ Zip_____</p> <p>Telephone_____</p> <p>e-mail_____</p> <p>(Dues and gifts to CNPS are tax deductible)</p> <p>I Wish to affiliate with the Sierra Foothills Chapter.</p> <p>Please make your check payable to "CNPS" and send it to: 2707 "K" street, Suite 1, Sacramento, CA 95816 Tel. (916) 447-2677.</p> <p>Join or renew on-line at www.cnps.org. Membership includes the journal <i>Fremontia</i>, CNPS Bulletin and the Sierra Foothills monthly newsletter, <i>The Shooting Star</i>.</p> <p>E-mail: sierrafoothillscnps@gmail.com</p>
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